

Training Price List — 2026

Culture, not checklist.

Effective 2026

All prices in ZAR, excl. VAT

Sheq Culture Consulting & Training delivers accredited and compliance-based Safety, Health, Environment and Quality (SHEQ) training for the construction, manufacturing, mining, warehousing and logistics sectors. The courses below can be presented on-site or at our Menlyn, Pretoria training venue.

Compliance & Awareness Short Courses			Non-credit-bearing
COURSE CODE	COURSE TITLE	LEVEL	PRICE (EXCL. VAT)
ACTRAC	Legal Liability Knowledge of the OHS Act	Compliance	R 950.00
AIDSTRAC	HIV/AIDS Awareness	Compliance	R 950.00
ASBESTRAC	Asbestos & Abatement Regulations	Compliance	R 950.00
CLAIMTRAC	Injury on Duty Claims Management	Compliance	R 950.00
CONREGS	Knowledge & Application of the Construction Regulations	Compliance	R 1,250.00
CONSPACE	Working in Confined Spaces	Compliance	R 950.00
HAZBIO	Hazardous Biological Agents — Employee / Compliance Officer / Management Awareness	Compliance	R 950.00
DANGO	Conveying Dangerous Goods by Road	Compliance	R 950.00
ELECTRAC	Fundamentals of Electrical Safety	Compliance	R 950.00
ENVIROTRAC	Environmental Awareness	Compliance	R 950.00
ERGOTRAC	Knowledge of Ergonomics & Regulations	Compliance	R 950.00
EVACTRAC	Evacuation Planner / Evacuation Marshal	Compliance	R 1,250.00
FALLTRAC	Fundamental Fall Arrest Rescues	Compliance	R 950.00
FIRETRAC	Fundamental Firefighting Prevention & Protection	Compliance	R 950.00

COURSE CODE	COURSE TITLE	LEVEL	PRICE (EXCL. VAT)
FIRSTRAC	First Aid Non GSR3	Compliance	R 950.00
FOODSAFE	Personal Hygiene for Perishable Food Stores	Compliance	R 950.00
FOODWORK	Process Hygiene in Food Preparation, Cooking & Storage	Compliance	R 950.00
HASREP	Functions of Health & Safety Representatives	Compliance	R 950.00
HAZCHEM	Introduction to Hazardous Chemical Agents	Compliance	R 950.00
HIRA	Hazard Identification & Risk Assessment	Compliance	R 1,150.00
INDUCTOR	Introduction to Workplace Health & Safety	Compliance	R 950.00
INVESTTRAC	Investigating Health & Safety Incidents	Compliance	R 950.00
NOISETRAC	Noise Induced Hearing Loss	Compliance	R 950.00
SUPERTRAC	Health & Safety Supervision	Compliance	R 1,250.00
TOOLTRAC	Use & Care of Hand Tools	Compliance	R 950.00

SAQA-Accredited Unit Standard Courses				Credit-bearing, NQF-aligned
US ID	UNIT STANDARD TITLE	NQF LEVEL	DURATION	PRICE (EXCL. VAT)
8016	Maintaining Occupational Health, Safety & General Housekeeping	Level 3	1 day	R 950.00
8020	Controlling Hazardous & Dangerous Goods	Level 4	1 day	R 950.00
8494	Demonstrate Knowledge & Understanding of HIV/ AIDS in a Workplace	Level 3	1 day	R 950.00
9964	Apply Health & Safety to a Work Area	Level 2	1 day	R 950.00
12484	Perform Basic Firefighting Prevention & Protection	Level 2	1 day	R 950.00
12512	Practice Environmental Awareness	Level 1	1 day	R 950.00
12877	Use & Maintain Hand Tools on a Construction Site	Level 1	1 day	R 950.00
13223	Apply Safety, Health & Environmental Protection Procedures	Level 3	1 day	R 950.00
14561	Implement Roadside Safety Procedures	Level 2	1 day	R 950.00
15034	Work in Confined Spaces on Construction Sites	Level 2	1 day	R 950.00
116455	Apply Safety, Housekeeping, Environment & Legal Requirements	Level 3	1 day	R 950.00
119567	First Aid — Perform Basic Life Support Procedures Former GSR3	Level 1	2 days	R 950.00

US ID	UNIT STANDARD TITLE	NQF LEVEL	DURATION	PRICE (EXCL. VAT)
120330	Conduct a Continuous Risk Assessment in a Workplace	Level 3	2 days	R 1,250.00
120337	Planned Task Observation in a Working Place	Level 3	1 day	R 650.00
229995	Basic Rescues, Fall Arrest Systems & Implement Fall Protection Plan	Level 2	2 days	R 1,250.00
229998	Explain & Perform Fall Arrest Techniques When Working at Height	Level 1	2 days	R 1,250.00
242668	Demonstrate Knowledge & Application of the OHS Act	Level 4	1 day	R 950.00
242682	Knowledge & Understanding of the Mine Health & Safety Act 29 of 1996	Level 4	1 day	R 950.00
244073	Receive, Handle & Store Hazardous Chemicals Safely	Level 2	1 day	R 950.00
244287	Conduct a Baseline Risk Assessment & Take Appropriate Action	Level 5	2 days	R 1,600.00
259617	Investigate Safety, Health & Environmental Incidents	Level 2	2 days	R 1,450.00
259622	Describe Functions of a Workplace Health & Safety Representative	Level 2	1 day	R 1,050.00
259639	Explain Basic Health & Safety Principles In & Around the Workplace	Level 2	1 day	R 950.00
262884	Supervise Health & Safety on a Construction Project	Level 4	2 days	R 1,450.00
263205	Inspect Access Scaffolding	Level 4	2 days	R 1,150.00
263245	Erect, Use & Dismantle Access Scaffolding	Level 3	2 days	R 1,150.00

Please note: A once-off admin fee of R 1,600.00 applies per booking, plus a travel fee of R 4.76/km to your site, calculated from our offices in Menlyn, Pretoria. Group rates and multi-course packages are available on request.

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